## SABRINA LUSWALA

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- a Dar-es-Salaam, Tanzania

# WORK HISTORY AND TRAINING EXPERIENCE

A highly self-motivated individual pursuing a Masters in Business administration in Healthcare Management. Possess a comprehensive background in maintaining client bases and customer service. Well-versed with the pharmaceutical field

and able to create patient rapport while working

PROFESSIONAL SUMMARY

independently.

The Aga Khan Hospital-Clinical Pharmacy Intern Dar es Salaam • 11/2018 - Present

- Internship in a hospital with a gold standard accreditation namely of the Joint Commission International Accreditation.
- Rotation in different departments of the Hospital pharmacy which included; In-patient Pharmacy
   Department, Out-patient pharmacy Department, Care and Treatment Clinic, Drug Information Centre, Dental Pharmacy, IV Admixture Preparation, Material Management Department and procurement.
- Educated patients on possible drug interactions, potential side effects and optimal methods of administration.
- Liaised with other health care professionals after carrying out appropriateness review to ensure the safety of patients.
- Compounded and prepared Intravenous preparations while following policies.
- Counseled HIV/AIDS and TB patients in the Care and Treatment Clinic and dispensed their medications to them while keeping a timely check on their follow up visits.
- Gained inventory management skills from the Material Management Department while giving weekly pharmacy stock updates.

Ibrahim Bin Hamad Obaidullah Hospital -Clinical Rotations Ras al Khaimah • 05/2018- 06/2018

 Rotated with and was evaluated by consultants from different departments; Neurology, Internal Medicine, Psychiatry, Nutrition and Dietetics, Geriatrics, Cardiology and Hospital Pharmacy.

#### **SKILLS**

- Critical thinking
- Research
- Patient education and counselling
- Medication dispensing
- Intravenous Admixture Preparation
- Drug Inventory Management
- Project Management
- Time Management
- Teamwork
- Clinical Decisions
- Strong interpersonal skills
- Computer skills (Microsoft Office, Windows OS, MAC OS)

#### **EDUCATION**

#### Present

MBA in Healthcare
 Management (Online)
 Westford University - Dubai, United
 Arab Emirates.

#### 2014 - 2018

Bachelors in Pharmacy
 RAK Medical and Health Sciences
 University - Ras al Khaimah, United
 Arab Emirates.

### 2011 - 2013

International Baccalaureate
 Diploma Program

Aga Khan Mzizima Secondary School - Dar es Salaam, Tanzania.

#### **CERTIFICATIONS**

- Certificate in recognition of participating in the 6<sup>th</sup> United Arab Emirates Undergraduate Research Competition -(04/2018)
- Certificate in recognition of participating in Dubai
   Pharmaceutical & Technologies
   Exhibition (DUPHAT) - (05/2018)
- Certificate of Industrial Training at Julphar (Gulf Pharmaceutical Industries) - (09/2018 - 12/2018)

### ADDITIONAL INFORMATION

#### **ANCILLARY INFORMATION**

Certified Pharmacist with a license to practice in Dar es Salaam, Tanzania.

#### **LANGUAGES**

Urdu
Bilingual proficiency
Swahili
Bilingual Proficiency
English
Full Professional Proficiency

#### HOBBIES

- Travelling
- Photography
- Reading
- Individual Sports

#### REFERENCES

Will be provided as needed

### Julphar - Gulf Pharmaceutical Industries - Industrial Pharmacy Trainee

Ras al Khaimah • 09/2017 - 12/2017

 Rotated around different sectors of the industry to gain a strong insight into how the industry operates. Rotations included, Formulation, Production and Packaging, Quality Control and Assurance, Research and Development, Engineering, Regulatory Affairs, Materials planning and Marketing.

### Al Ain Pharmacy - Community Pharmacy Trainee Ras al Khaimah • 09/2017 - 12/2017

- Interpreted prescriptions from healthcare providers to properly dispense medications and health products.
- Worked closely with the pharmacist in-charge and referred questions regarding prescriptions, Drug information and Health matters.
- Stocked and took inventory of prescription and over-thecounter medications.
- Advised patients on medication side effects and contraindications and explained how to properly take medicine.